



MEDIHOME
HEALTHCARE COMES HOME



MediHome Tower, NTV Nagar,
Kadappakada P.O, Kollam 691008

PROPOSAL

First Party : MediHome Family Clinic Pvt. Ltd., Kollam (MediHome)
Second Party : World Malayalee Council (WMC)
Scope : Medical Tourism : NRI Clients for Allopathic and Ayurveda services in Kerala
Slimming, Weight Gaining, Family (Preventive, Geriatric, Palliative)
Wellness Packages

Warm Greetings from Medihome Family Clinics Pvt Ltd!!

First of all, thanks and gratitude for your kind consideration towards MediHome.

MediHome is a very professional and premium quality medical service provider for NRIs and their families. Further, we have 5000+ family clients.

Medihome is the perfect modern-day version of the old concept of Family Doctor. Our family healthcare system will endeavor to provide the best of care at your home. A team comprising Doctors and Paramedical staff will visit to monitor the employees' health, which will help in the early identification of variations in common health parameters. Thus Medihome is ideal for healthy individuals as it is for the unwell or the aged, in order to detect, prevent and avoid complications and future risks.

We currently have doctors and all paramedical staff in Allopathic, Ayurvedic and Homeopathic divisions under "ONE" umbrella.



MEDIHOME

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THE FOLLOWING OTHER SERVICES ARE ALSO AVAILABLE @ YOUR PLACE

- Annual Medical Checkup
- Specialty & Super Specialty doctors services
- Counseling service
- Diet & Nutrition
- Vaccinations
- Physiotherapy
- Ayurveda/ Panchakarma
- Virtual Service (Text/Tele/Video/Audio service etc....)
- Diabetic care
- Karkidaka Package
- Cancer screening
- Gene Screening test
- 24 Executive health check up

OUR SERVICES PROVIDE:

1. Greater Independence
2. Safety, Comfort and Convenience
3. Relief for Family Caregivers
4. Prevents Avoidable Trips to the Hospital
5. Saves Money
6. High Quality
7. Personalized Care
8. Team of Professionals
9. Wide Range of Services
10. Companionship



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SCOPE OF FIRST PARTY (MEDIHOME)

1. Provide quality medical services to the clients referred by WMC
2. Provide optional services like fooding, lodging, pick up and drop services and sight seeing to the clients.
3. Responsible for the complete treatment and other optional services chosen by the client
4. Medihome will give 20% of total package value as commission to WMC or its affiliated groups for any clients referred by WMC

SCOPE OF SECOND PARTY (WMC)

1. Refer NRIs and their families to MediHome for services to be provided in Kerala.
2. Promote MediHome services to all NRIs and their families

TERMS AND CONDITIONS

APPROVALS:

For MediHome Family Clinic Pvt. Ltd.
PRASAD KUMAR (GM)

For Client:

Name and Signature
Date:

Name and Signature
Date:



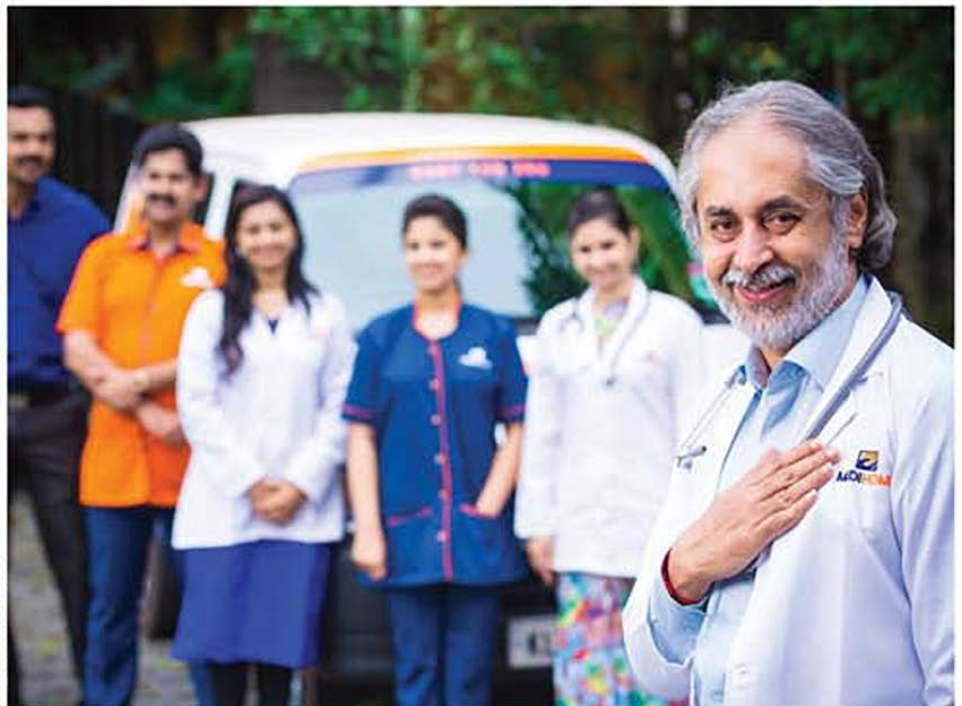
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WHY MEDIHOME..?

- **MediHome is a licensed medical practitioner**
- **ISO 9001-2015 Quality Certified**
- **Star Health Approved**
- **All our services are available at your Home or at your Workplace**
- **1500 plus LIVE premium Clients**
- **97% plus Client satisfaction Rate**
- **95% plus client retention rate**
- **100 plus services for families and Corporate institutions**
- **Highly Qualified and long experienced Medical professionals**
- **Preventive, Geriatric, Palliative and Corporate services under One Umbrella**



EXCELLENCE | QUALITY | TRUST



MEDIHOME

HEALTHCARE COMES HOME

An ISO 9001:2015 Certified Home Health Care Provider



HEAD OFFICE

MediHome Tower, NTV Nagar,
Kadappakada P.O, Kollam 691008



EXCELLENCE | QUALITY | TRUST

MEDIHOME

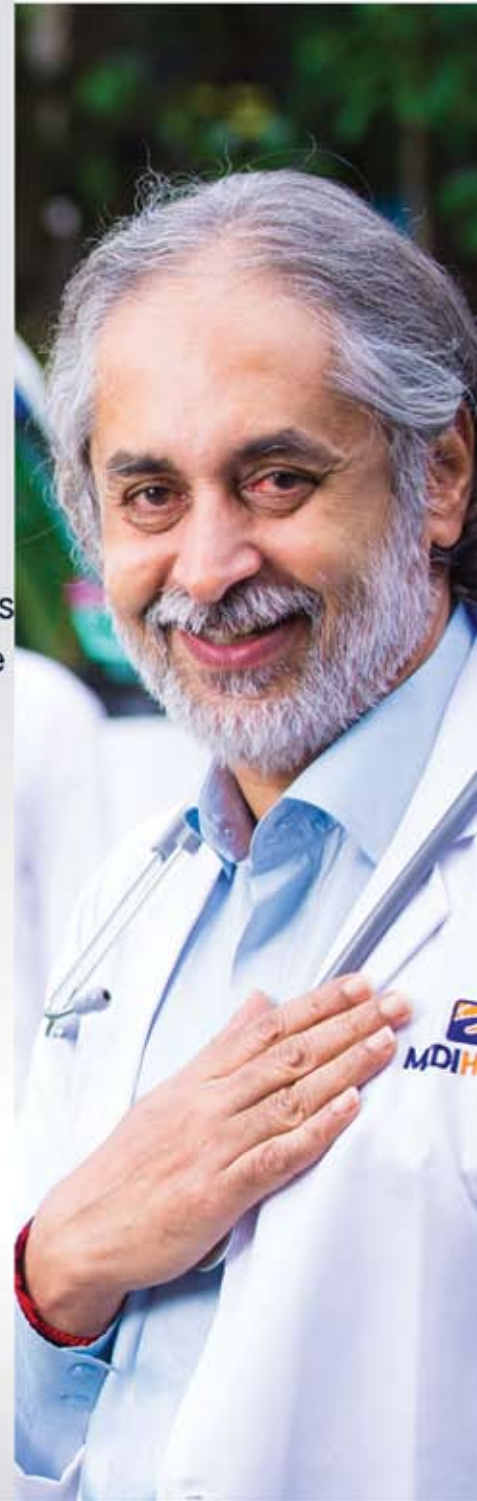
HEALTHCARE COMES HOME

PREVENTION IS BETTER THAN CURE!

MEDIHOME aims to end the contemporary method of health care delivery system and reinforce the **family doctor** concept. Moreover, recover the trust and relationship between medical team and family; create a health conscious society and an independent old age population and finally make people live as healthy as possible lifelong.

The difficulty in shifting the patient to hospitals, the financial burden involved in regular hospital visits and traumatic end of life at hospitals add to the necessity of **MEDIHOME** service.

In this era of old age population, life-style diseases, reversal of young-old demographic pattern, lack of carers, nuclear families, we felt the need for home based health care system in all time history.



MISSION & VISION



MISSION

We provide the best of healthcare including regular Doctor Visits, Speciality Care, Physiotherapy, Nursing Care and all possible medical needs at home. We give emphasis to timely check-up's and periodic monitoring as we believe in

"PREVENTION IS BETTER THAN CURE".



VISION

We aspire to be the change in the universal healthcare delivery system by providing comprehensive medical services at home.



DO YOU?

PROBABLY NOT A SURPRISE TO YOU,
BUT WE **DON'T** LIKE TO BE IN
A HOSPITAL OR GO TO A HOSPITAL.

- ◆ We are sure many of you feel the same way, right?
- ◆ But why?
- ◆ Why is it that we hate hospitals so much?
- ◆ Or is it just a fact of life we have to live with?
- ◆ Is it the crappy food?
- ◆ Is it the expensive parking?
- ◆ Is it the intense smell?
- ◆ Is it the fear of the unknown?
- ◆ Or is it all?

THE IMPORTANCE OF MEDIHOME HEALTHCARE

Studies showed the group of patients who were treated in a home-based setting were significantly less likely to be admitted or readmitted to the hospital. MEDIHOME healthcare is a win-win for patients and MEDIHOME. With so many benefits, it is no wonder that the vast majority of seniors and others prefer to be treated in the comfort of their own homes!

There are several reasons why seeing a doctor at home is preferable than going to a clinic or hospital. MEDIHOME healthcare offers a comprehensive set of clinical services provided by skilled, trained, professional and compassionate caregivers, dedicated to meeting the patient's needs. MEDIHOME healthcare staff work with the patient to create a customized care solution for the best possible quality of life for the patient, and peace of mind for the family and caregiver.



NO WAITING IN QUEUES **1**

In hospitals, we usually tend to wait in long queues, which might not always be convenient in cases where the patient is weak and vulnerable. And with the rise in the Covid cases, making an appointment with a MEDIHOME doctor can help you avoid getting exposed to viruses and infections. When a doctor examines a patient in the comfort of their home, they feel more at ease.



VISITING MEDIHOME DOCTORS PROVIDE CONVENIENCE

2

If you are feeling unwell or you have a sick child, one of the last things you want to do is pack up the car and make a trip to the clinic or hospital. When you call MEDIHOME, your or your sick child can rest comfortably until our doctor arrives.

SAVE MONEY WITH MEDIHOME HEALTHCARE

3

Visiting Doctors that come to your home at your convenience, can help ease your pain and concern no matter what time of the day, and potentially save you hundreds of rupees. As an added bonus, you can rest easy at home instead of spending hours in a dreary hospital waiting room.

FLEXIBLE AND WELL-SUITED SERVICES

4

There are many different types of doctor consultation services available for individuals and families. These services are weaved to meet the patient's needs by giving the required attention which patients deserve. Since hospitals and nursing homes generally have rigid schedules and set routines, MEDIHOME healthcare allows for much more flexibility, and less stress, for all concerned. A comfortable surrounding always helps a person heal faster.

PERSONALIZED CARE

5

MEDIHOME Doctor Visits are more personalized than the care most patients receive in hospitals or clinics. Doctors can assess you better as they get a complete understanding of your surroundings. Also, they are less distracted because you are their only patient and therefore have their undivided attention.



**8**

TIME CONSTRAINT

Time constraints take their toll on the physical and mental well-being of doctors and patients as well. Physician's overwork and often feel unable to properly care for their patients within the time they have. MEDIHOME doctors can give more time and personal assistance to patients. As a result, one can plan the day and easily incorporate it into the busy schedule.

CONVENIENCE

6

Having a doctor visit your home is more convenient as it saves you time, money, and the stress of traveling to the hospital. Patients with terminal illnesses find home visits more private and comfortable as it keeps them in a safe environment.

IDEAL FOR ELDERLY PATIENTS

7

Elderly patients are usually very weak and vulnerable to infections. This affects their immune system and makes them weaker. They might not always be in a position to visit the doctor. You do not have to worry about exposing your loved ones to go through the inconvenience of visiting a doctor.

ECONOMICAL

9

If you are like most people, you've probably rushed to an emergency room or after-hours clinic in a panic, only to discover that you could have saved thousands of rupees by simply waiting until the morning and visiting your primary care physician. You can save money on unnecessary emergency room visits when you have a doctor who comes to your home. Furthermore, compared to regular hospital charges, the cost of an in-home doctor visit is significantly lower. Using a home doctor service can save time, money, and hospital resources for patients who genuinely require the service.

WHY MEDIHOME. ..?

- An ISO 9001-2015 Certified Company.
- High Quality service.
- Safety, Comfort and Convenience.
- Feeling of being 'cared', not 'treated'.
- A proven track record of happy Individual/family/corporate clients.
- All records stored on Secure Servers.
- End customer satisfaction ratings that are superior.
- A long, stable history of providing exceptional customer service.
- Product and services are current, addressing changing trends in health care.
- Documented case studies of significant cost savings for clients.
- A variety of well-designed products to meet every need.
- Broad accessibility, and easy to do business with.
- Products meet your needs and are delivered timely.
- Feeling of doctor at hand, always.





- How many of us know the risks we run of getting a potentially serious illness?
- How many of us have the time to find it out?

This is where our doctors step in with their services and give valuable advices and instructions to stay healthy. Our team makes a home visit according to the patient's convenience.

DOCTOR @HOME

Doctor at Home brings back the custom of rekindling the traditional doctor -patient communication, trust, confidence, reliability and approachability. MEDIHOME provides a team of specially trained doctors and nurses at home at regular intervals to take care of your family's health and medical professionals.



The team evaluates one's complete health history, performs detailed physical examination checks vitals, calculates BMI, advices on diet, prescribe necessary investigation and medications. They spend ample time with the patient clarifying their queries and health status. If need arises, they will refer the patient to the suitable specialist on time to receive the accurate treatment. We also provide speciality care at home.



PREMIUM
QUALITY

NURSES @HOME

OUR
SERVICES
NOT
LIMITED TO

- ▶ Injections
- ▶ Naso-Gastric tube (Ryle's tube) Care
- ▶ Wound Care
- ▶ Intravenous (IV) fluid infusion is given at home under prescription for various conditions
- ▶ Nebulization
- ▶ Catheter Care
- ▶ Post Operative Care
- ▶ Sample Collection for Lab Investigations
- ▶ Health Education
- ▶ Blood Pressure and Blood Sugar Examinations.
- ▶ Eye Care and Mouth Care

"THE TRAINED NURSE HAS BECOME ONE OF THE GREAT BLESSINGS OF HUMANITY, TAKING A PLACE BESIDE THE PHYSICIAN AND THE PRIEST"

- WILLIAM OSLER

OUR TRAINED AND SKILLED NURSES IMPART THE ESSENTIAL MEDICAL NEEDS WITH PERFECTION AND SINCERITY.



PHYSIOTHERAPY @HOME

We understand that physiotherapy done at the right time prevents many debilitating complications. MEDIHOME aspires to explore the immense possibilities of physiotherapy, not only as a treatment method, but also as a preventive measure. MediHome employs the preeminent physiotherapists and provides best treatment for clients at home.

CONDITIONS WE DEAL WITH

- ▶ ORTHOPEADIC / MUSCULO-SKELETAL CONDITION
- ▶ NEUROLOGICAL CONDITIONS
- ▶ CARDIO-RESPIRATORY REHABILITATION
- ▶ GERIATRICS
- ▶ PREVENTIVE SUPPORT
- ▶ POST NATAL CARE
- ▶ POST-SURGICAL MANAGEMENT
- ▶ TREATMENT PROCEDURES
- ▶ HANDS ON APPROACH



SPEECH THERAPY @HOME

Speech therapy is a rehabilitation process to address problems with speaking and swallowing.

Improvement in these areas is vital for the overall health of children and seniors, as they must be able to communicate properly with their doctors, nurses, and loved ones. We want them to be able to tell us about any pain, discomfort, or other simple issues they may be experiencing.



FOR CHILDREN

- CLEARER SPEECH
- REDUCED DEPENDENCY ON GESTURES
- IMPROVED LISTENING SKILLS
- GREATER INDEPENDENCE
- BETTER EXPRESSION

FOR ADULTS/SENIORS

- IMPROVE WEAKENED VOCAL CORDS
- IMPROVE SWALLOWING PROBLEMS
- IMPROVE DEMENTIA SYMPTOMS
- IMPROVEMENT FOR THOSE WHO HAVE EXPERIENCED A STROKE
- IMPROVING SPEECH IMPACTED BY A MUSCULATURE PROBLEM
- PREVENTING WEIGHT LOSS



LAB @HOME

HEALTH BEGINS AT HOME!

Regular health check-up helps in early detection of variations in health thereby making it easier to start treatment changes, if needed. Similarly, diet plan and lifestyle changes can be made for a healthy living.

Being a confidential document, we deliver the results to the client directly except in conditions otherwise requested by the client to an authorised primary attendant.



24X7
LAB SERVICE



EXCELLENCE | QUALITY | TRUST





EXECUTIVE HEALTH CHECKUPS @HOME

24
Executive
Health
Checkups

"Prevention is better than cure", "A stitch in time saves nine" are some well-known proverbs- which signifies a regular periodical health check-up. Enjoy peace of mind with our medical care by going through routine health check-up at the comfort of your home or office, it will not only keep you safe but healthy as well.

- | | |
|--|---|
| 01. MEDIHOME HEALTH CHECK FOR HEALTHY MEN | 13. MEDIHOME HEART CHECK |
| 02. MEDIHOME HEALTH CHECK FOR HEALTHY WOMEN | 14. MEDIHOME HEART CHECK ADVANCED |
| 03. MEDIHOME HEALTH CHECK PLUS | 15. MEDIHOME LIVER CHECK |
| 04. MEDIHOME HEALTH CHECK ADVANCED | 16. MEDIHOME HYPERTENSION CHECK |
| 05. MEDIHOME HEALTH CHECK FOR SENIOR CITIZEN MEN | 17. MEDIHOME OBESITY CHECK |
| 06. MEDIHOME HEALTH CHECK FOR SENIOR CITIZEN WOMEN | 18. MEDIHOME ARTHRITIS SCREEN |
| 07. MEDIHOME WELLNESS CHECK FOR MEN | 19. MEDIHOME FULL BODY CHECK PREMIUM |
| 08. MEDIHOME WELLNESS CHECK FOR WOMEN | 20. MEDIHOME CANCER SCREENING MEN |
| 09. MEDIHOME DIABETES CHECK | 21. MEDIHOME CANCER SCREENING WOMEN |
| 10. MEDIHOME DIABETES CHECK PLUS | 22. MEDIHOME CANCER SCREEN MEN ADVANCED |
| 11. MEDIHOME THYROID CHECK | 23. MEDIHOME CANCER SCREEN WOMEN ADVANCED |
| 12. MEDIHOME THYROID CHECK PLUS | 24. MEDIHOME GENETIC SCREENING |



MEDICINES @HOME



MEDICINES, ON TIME!

Most of us fail to take medicines on time. Irregular and irrational medication is one of the most important causes for complications. The reasons for not taking medicines may be many including delay in purchase, dearth of caretakers, lack of awareness about the disease, lack of knowledge about the medicine dosages.

The MEDIHOME Medicine Supply Division is the solution for all the above difficulties. We supply medicines at one's doorstep especially for patients taking long-term regular medicines. We make sure medications are taken regularly, on time and in the right dose.



अयुर्वेद AYURVEDA @HOME



"Ayurveda is a perfect ancient healing science of life. The chief objects lay down in this science is the preservation of health and prevention of diseases. MediHome offers you the best Ayurveda Therapies to Relax, Refreshing and Recharge, for both your body and mind under the able guidance of experienced physicians and well-trained Certified therapists at Home"



AYURVEDA TREATMENT

- ABHYANGA SWETHAM
- PATHRAPODALI PINDA SWETHAM
- JAMBEERA PINDA SWETHAM
- CHOORNA PINDA SWEDHAM
- MUTTAKIZHI
- AJAMAMSA PINDA SWETHAM
- NJAVARA KIZHI
- AVIL KIZHI
- MANAL KIZHI
- UDWARTHANAM
- KATIVASTHI
- JANU VASTHI
- GREEVA VASTHI
- UROVASTHI
- SHIROVASTHI
- THALAM
- THALAPOTHICHI



PANCHAKARMA @HOME

Due to one's repeated dietary indiscretions, poor exercise patterns, lifestyle, and genetic predisposition, our digestive enzymes, metabolic co-factors and doshas become unbalanced. This can lead to the accumulation and spread of toxins throughout the physiology resulting in disease. Panchakarma, meaning "5 actions" is a set of five cleansing, detoxifying treatments that balances excess doshas and rejuvenates the whole body.

BENEFITS OF PANCHAKARMA



- Completely purifies the body
- Riddance of toxins
- Speeding up the metabolism
- Reducing weight
- Enhancing the strength of digestive fire
- Opening up of blocked channels
- Relaxing the mind and body
- Rejuvenation of tissues
- Boosts Immunity
- Relieves stress

1- VAMANAM

(Therapeutic emesis)

2- VIRECHANAM

(Purgation)

3- ANUVASANA

(Enema using medicated oil)

4- NASYAM

5- ASTAPANA VASTI

(Therapeutic Decoction Enema)

PREMIUM PACKAGES

Not all patients have the same health necessities. We have designed few tailor made packages for easy selection depending on the various needs of individuals and families at a very reasonable price. Most of the packages are customisable.

- ➔ Preventive Care
- ➔ Geriatric Care
- ➔ Diabetic Care
- ➔ Palliative Care
- ➔ Diet and Nutrition
- ➔ Prenatal Care
- ➔ Postnatal Care
- ➔ Covid & Post Covid Care
- ➔ Slimming
- ➔ Anti-Ageing Wellness
- ➔ Weight Gaining
- ➔ Corporate Health & Care
- ➔ Education, Health & Care
- ➔ And Many More



WHY THE HOSPITAL OF THE FUTURE WILL BE YOUR OWN HOME

- ★ Recent research has shown that 46 percent of hospital care can move to the patient's home.
- ★ There's many people who are avoiding care and are waiting that long that it becomes life-threatening, and it's straight to the costly, intensive care.
- ★ The hospital bed of the future will be in our own homes. And it's already starting. Global home care is growing 10 percent year over year.
- ★ Technology is already allowing us to do things that were once exclusive to hospitals. And all that technology is coming together in much more insights into the patients' health, and that insight and all of the information leads to better control and to less medical errors - remember, the third cause of death in the US.
- ★ No hospital pajamas, no crappy food and no risk of these antibiotic-resistant superbugs that only infects you in these hospitals. And it goes further. So now the elderly people can get the treatment that they need in the comfort of their own home while with their best companion in life. And there's no need any more to drive hours and hours just to get your treatment and tests.



WHY THE HOSPITAL OF THE FUTURE WILL BE YOUR OWN HOME

Cont.

- ★ Home health care is cheaper, it's easier to facilitate, and it's quick to set up - Home health care works in developed countries as well as in developing countries like in India.
- ★ MEDIHOMÉ passionate to help facilitate improvements in patients' lives due to home health care.



WHAT TYPE OF PATIENTS CAN BENEFIT FROM **MEDIHOME** HEALTHCARE SERVICE?



- Prevention is better than cure. The key to controlling any disease is prompt medical attention and care to avoid hospitalization. This is facilitated by doctor visit @ home.
- Seniors who cannot travel to see the doctor
- Individuals who don't want to wait for long hours to see the doctor
- Patients who are unable to make an appointment with the doctor according to their convenience



- Patients suffering from chronic illness
- Patients who wish to have detailed consultation with the doctor
- Individuals who have a busy work schedule
- Travelers who require immediate medical attention
- Patients who would like to experience personalized medical care

WHAT TYPE OF PATIENTS CAN BENEFIT FROM **MEDIHOME** HEALTHCARE SERVICE? Cont.



- It is more convenient to use at-home services for elderly care.
 - Additional stress involved with visiting a doctor at the hospital can be avoided and the senior citizens are cared for and tended to on a one on one basis without having to wait long hours in the hospital.
- Bringing care to the comfort of one's home is far more personalized than the care that people would receive in a hospital.
 - Alleviating hospital phobia when many older people avoid hospital visits unless absolutely necessary because of fear of confronting bad experiences in the past.

PREMIUM SERVICES



- Doctors
- Specialists
(Cardio / Neuro / Nephro / Gynaec / ENT / Ortho / Ophth / Gastro, etc.)
- Nursing Care
- Physiotherapy
- Diet and Nutrition
- Dental Consultation
- Guidance & Counselling (available @centre & @home)
- Psychiatry Counselling (available @centre & @home)
- Vaccinations (Individual / Family / Corporate)
- Laboratory & Diagnostics
- Cancer Screening
- Genetic Screening
- Heart Diagnosis
- Liver Diagnosis
- Obesity Diagnosis
- Arthritis Diagnosis
- Diabetes Diagnosis
- Thyroid Diagnosis
- Ayurveda Doctor / Ayurveda Therapy
- Panchakarma
- Ayurveda Massage with Steam
- Pedicure & Manicure
- Sponge Bath
- And Many More. ...



OUR SERVICES

TELE / VIDEO CONSULTATION



- Doctors
- Specialists
(Cardio / Neuro / Nephro / Gynaec / ENT / Ortho / Ophth / Gastro, etc.)
- Counselling (Psychology / Psychiatry)
- Diet and Nutrition
- Nurses



OTHER SERVICES



- Movement Assistance
- Medicine Supply
- Medical Eqpt. Supply
- Ambulance Services



**TOTAL HEALTH
CARE SOLUTION
@HOME**

Kollam | Ernakulam | Alappuzha | Thrissur | Kottayam | Trivandrum

HQ : MediHome Tower, N.T.V.Nagar, Kadappakada P.O., Kollam



EXCELLENCE | QUALITY | TRUST



MEDIHOME

HEALTHCARE COMES HOME

NRI FAMILY CARE

PACKAGE

IMPORTANCE & BENEFITS

A Healthy Family is a Happy Family!

Our family may consist of our parents, spouse, husband, children and grandchildren. Generally, a family does everything together, travel for leisure together, go for shopping together, go to parks and enjoy together, but when it comes to health, only the fragile elderly people in the family or kids get lots of attention. Here, MediHome intends to bring you the complete family health solution to ensure everyone in family gets equal health care at your home. Families have similar genetic backgrounds, and often similar environments and lifestyles. Together, these factors can give clues to conditions that may run in a family. By noticing patterns of disorders among relatives, MediHome can determine whether an individual, family members, or future generations may be at an increased risk of developing a particular condition. Our services include preventive, geriatric, palliative and wellness programs.

INDIA'S PREMIER HEALTHCARE BRAND

Kollam | Ernakulam | Alappuzha | Thrissur | Kottayam | Trivandrum

EXCELLENCE | QUALITY | TRUST



NRI FAMILY PACKAGE

STANDARD

SERVICE HIGHLIGHTS

FREQUENCY

Premium Level Doctor Check Up	Once In a Year
Premium Level Lab Check Up	Once In a Year
Doctor Check Up	Once In a Year
Basic Lab Check Up	Once In a Year
Diet & Nutrition Specialist	-
Physiotherapy Assessment	-
Nursing Service	-

TELE CONSULTATIONS

Doctors	<input checked="" type="checkbox"/>
Nursing	<input checked="" type="checkbox"/>
Counsellors	-

VIDEO CONSULTATIONS

Doctors	-
Nursing	-
Counsellors	-
Special Services	-
Health Bullettins	<input checked="" type="checkbox"/>
Single Contact Point	<input checked="" type="checkbox"/>

Our NRI clients will be provided with



LODGING



FOODING



TRANSPORTATION



SIGHT SEEING UPON REQUEST.



NRI FAMILY PACKAGE

PREMIUM

SERVICE HIGHLIGHTS

FREQUENCY

Premium Level Doctor Check Up	Once In a Year
Premium Level Lab Check Up	Once In a Year
Doctor Check Up	Every Three Months
Basic Lab Check Up	Every Three Months
Diet & Nutrition Specialist	Once In a Year
Physiotherapy Assesment	-
Nursing Service	-

TELE CONSULTATIONS

Doctors	✓
Nursing	✓
Counsellors	-

VIDEO CONSULTATIONS

Doctors	✓
Nursing	✓
Counsellors	-
Special Services	-
Health Bullettins	✓
Single Contact Point	✓

Our NRI clients will be provided with



LODGING



FOODING



TRANSPORTATION



SIGHT SEEING UPON REQUEST.



NRI FAMILY PACKAGE

PREMIUM PLUS

SERVICE HIGHLIGHTS

FREQUENCY

Premium Level Doctor Check Up	Once In a Year
Premium Level Lab Check Up	Once In a Year
Doctor Check Up	Monthly
Basic Lab Check Up	Monthly
Diet & Nutrition Specialist	Once In a Year
Physiotherapy Assessment	Once In a Year
Nursing Service	-

TELE CONSULTATIONS

Doctors	<input checked="" type="checkbox"/>
Nursing	<input checked="" type="checkbox"/>
Counsellors	<input checked="" type="checkbox"/>

VIDEO CONSULTATIONS

Doctors	<input checked="" type="checkbox"/>
Nursing	<input checked="" type="checkbox"/>
Counsellors	<input checked="" type="checkbox"/>
Special Services	-
Health Bullettins	<input checked="" type="checkbox"/>
Single Contact Point	<input checked="" type="checkbox"/>

Our NRI clients will be provided with



LODGING



FOODING



TRANSPORTATION



SIGHT SEEING UPON REQUEST.

SERVICE HIGHLIGHTS

FREQUENCY
(AS PER CHOICE)

Premium Plus Level Doctor Check Up

Premium Plus Level Lab Check Up

Premium Doctor Check Up

Premium Lab Check Up

Vitals

ECG

Physiotherapy Service

Diet and Nutrition Specialist Service

Ophthalmology Consultation

Dental Consultation

Counselling

Vaccinations

Cancer Screening

Genetic Screening

TELE CONSULTATIONS

Doctors

Nursing

Physiotherapy

Diet and Nutrition Specialist

Counsellors

Ayurveda

VIDEO CONSULTATIONS

Doctors

Nursing

Physiotherapy

Diet and Nutrition Specialist

Counsellors

Ayurveda

Special Services

Health Bulletins

Single Contact Point

Our NRI clients will be provided with



LODGING



FOODING



TRANSPORTATION



SIGHT SEEING UPON REQUEST.



WHY MEDIHOME SERVICES...?

- **MediHome is a licensed medical practitioner**
- **ISO 9001-2015 Quality Certified**
- **Star Health Approved**
- **All our services are available at your Home or at your Workplace**
- **1500 plus LIVE premium Clients**
- **97% plus Client satisfaction Rate**
- **95% plus client retention rate**
- **100 plus services for families and Corporate institutions**
- **Highly Qualified and long experienced Medical professionals**
- **Preventive, Geriatric, Palliative and Corporate services under One Umbrella**



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ada P.O, Kollam 691008





MEDIHOME

HEALTHCARE COMES HOME

NRI SLIMMING

PACKAGE

IMPORTANCE & BENEFITS

MediHome has a scientific approach in slimming where the results are guaranteed without having any side effects or health risks. MediHome slimming treatment combines both ayurveda and allopathy in order to have better results.

Overweight and obesity may increase your risk for many health problems- especially if you carry extra fat around your waist.

TYPE 2 DIABETES

Type 2 diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. Nearly 9 in 10 people with type 2 diabetes have overweight or obesity.¹² Over time, high blood glucose can lead to heart disease, stroke, kidney disease, eye problems, nerve damage, and other health problems.

HIGH BLOOD PRESSURE

Overweight and obesity may raise your risk for high blood pressure.

HEART DISEASE

Excess weight can also make your heart have to work harder to send blood to all the cells in your body. Losing excess weight may help you lower these risk factors for heart disease. Overweight and obesity may raise your risk for high blood pressure.

STROKE

Overweight and obesity are known to increase blood pressure and high blood pressure is the leading cause of strokes. Losing weight may help you lower your blood pressure and other risk factors for stroke, including high blood glucose and high blood cholesterol.

METABOLIC SYNDROME

Metabolic syndrome is closely linked to overweight and obesity and to a lack of physical activity.

FATTY LIVER DISEASES

Fatty liver diseases develop when fat builds up in your liver, which can lead to severe liver damage, cirrhosis, or even liver failure. These diseases include nonalcoholic fatty liver disease (NAFLD) and nonalcoholic steatohepatitis (NASH).

SOME CANCERS

Overweight and obesity may raise your risk of developing certain types of cancer.

Our slimming and weightloss programs aim to nullify the above harmful effects and it also helps in following things:-

- ➔ No more heartburn
- ➔ More self-esteem
- ➔ No more knee pain
- ➔ Extra energy
- ➔ Reduced blood pressure
- ➔ Improved sleep



NRI SLIMMING PACKAGE- 08 DAYS

DAYS	SERVICE HIGHLIGHTS
1 st DAY	<p>PREMIUM LAB CHECK-UP (One day before the premium Medical check-up)</p> <p>PREMIUM HEALTH CHECK-UP BY MEDICAL TEAM WITH CARDIOLOGIST CHECK-UP (Family physician(s), Nurse(s), Dietician, etc.)</p> <p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p> <p>PHYSIOTHERAPY + EXERCISE</p>
2 nd to 8 th DAY	<p>AYURVEDA SPECIAL TREATMENT - COURSE 1</p>
8 th DAY	<p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p>

Our NRI clients will be provided with



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NRI SLIMMING PACKAGE- 15 DAYS

DAYS	SERVICE HIGHLIGHTS
1 st DAY	<p>PREMIUM LAB CHECK-UP (One day before the premium Medical check-up)</p> <p>PREMIUM HEALTH CHECK-UP BY MEDICAL TEAM WITH CARDIOLOGIST CHECK-UP (Family physician(s), Nurse(s), Dietician, etc.)</p> <p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p> <p>PHYSIOTHERAPY + EXERCISE</p>
2 nd to 8 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 1
9 th to 15 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 2
15 th DAY	AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)

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NRI SLIMMING PACKAGE- 22 DAYS

DAYS	SERVICE HIGHLIGHTS
1 st DAY	<p>PREMIUM LAB CHECK-UP (One day before the premium Medical check-up)</p> <p>PREMIUM HEALTH CHECK-UP BY MEDICAL TEAM WITH CARDIOLOGIST CHECK-UP (Family physician(s), Nurse(s), Dietician, etc.)</p> <p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p> <p>PHYSIOTHERAPY + EXERCISE</p>
2 nd to 8 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 1
9 th to 15 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 2
16 th to 22 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 3
22 th DAY	AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)

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WHY MEDIHOME SERVICES...?

- MediHome is a licensed medical practitioner
- ISO 9001-2015 Quality Certified
- Star Health Approved
- All our services are available at your Home or at your Workplace
- 1500 plus LIVE premium Clients
- 97% plus Client satisfaction Rate
- 95% plus client retention rate
- 100 plus services for families and Corporate institutions
- Highly Qualified and long experienced Medical professionals
- Preventive, Geriatric, Palliative and Corporate services under One

Umbrella MediHome Tower, NTV Nogar,
Kadappakada P.O, Kollam 691008





MEDIHOME

HEALTHCARE COMES HOME

NRI WEIGHT GAINING PACKAGE

IMPORTANCE & BENEFITS

MediHome has a scientific approach in slimming where the results are guaranteed without having any side effects or health risks. MediHome slimming treatment combines both ayurveda and allopathy in order to have better results.

When you're underweight, the lack of nutrients can lead to brain fog, which makes it hard to focus on tasks. If you're underweight, it can compromise your immune system, energy and quality of life. Gaining weight

6 HEALTH RISKS OF BEING UNDERWEIGHT

- Malnutrition
- Vitamin and mineral deficiencies
- Decreased immune function
- Fertility issues
- Increased risks of complications from surgery
- Growth and development problems in children and teenagers.

INDIA'S PREMIER HEALTHCARE BRAND

Kollam | Imakulam | Alappuzha | Thrissur | Kottayam | Trivandrum

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EXCELLENCE | QUALITY | TRUST



NRI WEIGHT GAINING PACKAGE- 25 DAYS

DAYS	SERVICE HIGHLIGHTS
1 st DAY	PREMIUM LAB CHECK-UP (One day before the premium Medical check-up) PREMIUM HEALTH CHECK-UP BY MEDICAL TEAM (Family physician(s), Nurse(s), Dietician, etc.)
2 nd DAY	CARDIOLOGIST CHECK-UP
3 rd DAY	AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)
4 th to 10 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 1
11 th to 17 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 2
18 th to 24 th DAY	AYURVEDA SPECIAL TREATMENT - COURSE 3
25 th DAY	AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)

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MEDIHOME

HEALTHCARE COMES HOME

NRI ANTI AGEING WELLNESS PACKAGE

IMPORTANCE & BENEFITS

NRI Anti Ageing Wellness It Improves the Quality of Your Daily Life !

We all wish to remain young for the longest, but such is our biology that aging is a natural phenomenon that cannot be reversed. Our Anti-Aging treatment uses a combination of allopathy and ayurveda with a lab tests, doctor consultation, nourishing diet, wholesome activities, and gentle herbs to reduce the aging process and keeps your health at its best. These processes help reduce the pace of natural degenerative processes and keep you looking young and healthy for a longer period of time, even at your mature age. While it is more important to be young at heart and keep the spirit alive to feel young, controlling certain aspects of body degenerative processes also impacts the body and the soul, making you feel young from within.

BEING A SCIENTIFIC APPROACH OUR SERVICE CAN HELP YOU
BALANCE AND IMPROVE SEVERAL ASPECTS OF YOUR LIFE,
INCLUDING (BUT NOT LIMITED TO):



Digestion



Sleep



Massage



Food and
Nutrition



Skin Care



Mental Health



Sexual Health

OTHER BENEFITS ARE

- Feel Young
- Weight Loss and Maintenance
- Healthy and Glowing Skin and Hair
- Say Goodbye to Stress
- Reduce Inflammation
- Cleanse the Body
- Lower Blood Pressure, Cholesterol,
and Symptoms of Illness and Disease.

INDIA'S PREMIER HEALTHCARE BRAND

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NRI WELLNESS PACKAGE- 08 DAYS

DAYS	SERVICE HIGHLIGHTS
1 st DAY	<p>PREMIUM LAB CHECK-UP (One day before the premium Medical check-up)</p> <p>PREMIUM HEALTH CHECK-UP BY MEDICAL TEAM (Family physician(s), Nurse(s), Dietician, etc.)</p> <p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p> <p>PHYSIOTHERAPY</p>
2 nd DAY to 8 th DAY	<p>AYURVEDA SPECIAL TREATMENT - MODE 1</p>
8 th DAY	<p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p>

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NRI WELLNESS PACKAGE- 15 DAYS

DAYS	SERVICE HIGHLIGHTS
1 st DAY	<p>PREMIUM LAB CHECK-UP (One day before the premium Medical check-up)</p> <p>PREMIUM HEALTH CHECK-UP BY MEDICAL TEAM (Family physician(s), Nurse(s), Dietician, etc.)</p> <p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p> <p>PHYSIOTHERAPY</p>
2 nd DAY to 8 th DAY	AYURVEDA SPECIAL TREATMENT - MODE 1
9 th DAY to 15 th DAY	AYURVEDA SPECIAL TREATMENT - MODE 2
15 th DAY	AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)

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NRI WELLNESS PACKAGE- 22 DAYS

DAYS	SERVICE HIGHLIGHTS
1 st DAY	<p>PREMIUM LAB CHECK-UP (One day before the premium Medical check-up)</p> <p>PREMIUM HEALTH CHECK-UP BY MEDICAL TEAM (Family physician(s), Nurse(s), Dietician, etc.)</p> <p>AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)</p> <p>PHYSIOTHERAPY</p>
2 nd DAY to 8 th DAY	AYURVEDA SPECIAL TREATMENT - MODE 1
9 th DAY to 15 th DAY	AYURVEDA SPECIAL TREATMENT - MODE 2
16 th DAY to 22 th DAY	AYURVEDA SPECIAL TREATMENT - MODE 3
15 th DAY	AYURVEDA TEAM CHECK-UP (Doctor, Ayurveda Therapists etc..)

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